

## Find My Tree

### Description/Instructions:

- Children are split into pairs/groups of three.
- One child is blindfolded.
- The other spins them around and then leads them to a tree. They are given time to get to know their tree by feeling it.
- The other child then spins them around and leads them away from their tree.
- The blindfold is then removed and the child has to try to find their tree.

### How could this activity be adapted for different learners?

- Set amounts of time to get to know the tree.
- Only allow the tree to be felt from one position.
- Only allow a certain part of the tree to be felt – i.e. the first foot.
- Only a set amount of time to find their tree.
- Guidance can be given to help narrow down the search – either by indicating which area to search in or by the other child calling out hot and cold depending on whether they are moving closer or further away from the tree.

### What tools or equipment are needed?

Something to use as a blindfold.

### What themes or topics could this activity support?

Building trust. Senses – touch.

### What areas of development could this activity support?

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|--|---|
| <input checked="" type="checkbox"/> Communication, Language and Literacy | <input type="checkbox"/> Problem Solving, Reasoning and Numeracy  |
| <input checked="" type="checkbox"/> Physical Development                 | <input type="checkbox"/> Knowledge and Understanding of the World |
| <input type="checkbox"/> Personal, Social and Emotional                  | <input type="checkbox"/> Creative Development                     |